



Namo Amitābha
नमो अमिताभ

Renée Sunbird



1. Brahma Stotram
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3. Namō Amitābha - Amitābha Dhāraṇī
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Thinking that I exist alone and by myself is an illusion. We are all connected.

I am here because of my loving parents.

I am myself because of my beautiful sisters.

I am a better person because of my wonderful husband Boris and my two amazing girls.

I feel at home in my little world because of my friends.

I love Mantras and Kirtan because of Swami Giorgio Nirvanananda.

You can enjoy this music because of Thomas Barquee. With his love and dedication, he made each piece of music a piece of art.

Every single musician added a whole new dimension to the music.

I was able to record my voice, ukulele, sansula and autoharp because of the patience and skill of Markus Wallner and Asger Christensen.

The amazing cover artwork brings peace into this world because of Meganne Forbes.

You can look at this beautifully designed booklet because of Antonia Baginski.

This music exists for you to listen to it.

I am who I am because of my incredible family and friends. We are always changing, never the same. Dreaming, sharing, laughing, crying and always growing.

Inspired to be creative, make music and art because of the divine great spirit, mother earth, the river and stream of life that runs through our veins.

The breath of clarity that guides us when we think we are lost.

Because of the wonderful nature around all of us, we are able to experience ourselves as quiet and wild, gentle and intense, peaceful and alive, always honest. Nature connects all of us, and enables us to realize who we are.

One big family.

Thank you,
Renee Sunbird



*Once you have tasted the taste of sky,
you will forever look up*
Leonardo da Vinci



1. Brahma Stotram

(melody by Renée Sunbird)

Namaste sate te jagat kâraṇāya
Namaste cite sarva lokāśrayāya
Namo 'dvaita tattvāya mukti pradāya
Namo brahmaṇe vyāpīne śāśvatāya.

Tvamekaṃ śaraṇyaṃ tvamekaṃ vareṇyaṃ
Tvamekaṃ jagatpālakaṃ svaprakāśam
Tvamekaṃ jagat kartṛ pātr prahartṛ
Tvamekaṃ paraṃ niścalaṃ nirvikalpam.

Bhayānāṃ bhayam bhīṣaṇam bhīṣaṇānām
Gatiḥ prāṇināṃ pāvanaṃ pāvanānām
Mahocaiḥ padānāṃ niyantṛ tvamekaṃ
Pareṣāṃ paraṃ rakṣaṇaṃ rakṣāṇānām.

Vayaṃ tvāṃ smarāmo vayaṃ tvāṃ bhajāmo
Vayaṃ tvāṃ jagat sākṣi rūpaṃ namāmaḥ
Sadekaṃ nidhānaṃ nirālambamīśam
Bhavāmbhodhipotam śaraṇyaṃ vrajāmaḥ.

Na tasya kaścit patir asti loke
Na ceśitā naiva ca tasya liṅgam
Sa kâraṇaṃ karaṇādhipādhipo
Na cāśya kaścit janitā na cādhipaḥ.

Tam iśvarānāṃ paramaṃ maheśvaram
Taṃ devatānāṃ paramaṃ hi daivatam
Patiṃ patināṃ paramaṃ parastād
Vidāma devaṃ bhuvaneśam iḍyam.

Tvam eva mātā ca pitā tvam eva
Tvam eva bandhuś ca sakhā tvam eva
Tvam eva vidyā draviṇam tvam eva
Tvam eva sarvam mama deva-deva.

The Brahma Stotram is a praise for the divine creator, the one energy that is all pervading and sustaining everything that exists. The one great Being who is free from change, the cause of all causes, the eternal and supreme Self. The "Tvam Eva" chant is the last verse of this Stotram: You alone are mother, father, family and friend. You are the source of wisdom and wealth, the one and everything, God of all Gods.



2. Sūrya Namaskāra Mantras

(melody by Renée Sunbird)

Oṃ saptāśvārūdhamaḥ nakṣatra mālam
chāyā lolamaḥ candra-pālam
gagana sancharī
Oṃ bhāskarāya namaḥ

Oṃ Hrām Mitrāya namaḥ
Oṃ Hrīm Sūryāya namaḥ
Oṃ Hrūṃ Ravaye namaḥ
Oṃ Hraiṃ Bhānave namaḥ
Oṃ Hrauṃ Khagāya namaḥ
Oṃ Hrah Pūṣṇe namaḥ

Oṃ Hrām Hiraṇya Garbhāya namaḥ
Oṃ Hrīm Marīcāya namaḥ
Oṃ Hrūṃ Ādityāya namaḥ
Oṃ Hraiṃ Savitre namaḥ
Oṃ Hrauṃ Arkāya namaḥ
Oṃ Hrah Bhāskarāya namaḥ

Oṃ Mitrāya namaḥ
Oṃ Sūryāya namaḥ
Oṃ Ravaye namaḥ
Oṃ Bhānave namaḥ
Oṃ Khagāya namaḥ
Oṃ Pūṣṇe namaḥ

Oṃ Hiraṇya Garbhāya namaḥ
Oṃ Marīcāya namaḥ
Oṃ Ādityāya namaḥ

Oṃ Savitre namaḥ
Oṃ Arkāya namaḥ
Oṃ Bhāskarāya namaḥ

Oṃ Śrī savitra sūrya nārāyaṇāya namaḥ

The Sūrya Namaskār Mantras are a wonderful accompaniment to the morning practice of sun salutations. They include the different names and praises of Sūrya, the sun.

I recorded a slower version with the bija Mantras (Hrām, Hrīm, Hrūm...) and another one without the bija Mantras. I hope that they add a new dimension to your practice.



Sūrya Namaskār with Mantras



1. Inhale & Exhale
Om Hrām
Mitrāya namaḥ



2. Inhale
Om Hrīm
Sūryāya namaḥ



3. Exhale
Om Hrūṃ Ravaye namaḥ



4. Inhale
Om Hraiṃ
Bhānave namaḥ

5. Retain
Om Hrauṃ Khagāya
namaḥ



6. Exhale
Om Hraḥ Pūṣṇe namaḥ



7. Inhale
Om Hrām Hiraṇya
Garbhāya namaḥ



8. Exhale
Om Hrīm Marīcaye namaḥ

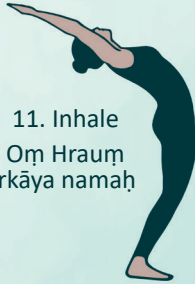
9. Inhale
Om Hrūṃ
Ādityāya namaḥ



10. Exhale
Om Hraiṃ Savitre namaḥ



11. Inhale
Om Hrauṃ
Arkāya namaḥ



12. Exhale
Om Hraḥ
Bhāskarāya namaḥ



3. Namō Amitābha - Amitābha Dhāraṇī

(Traditional Mantra,
additional melody by Renée Sunbird)

Namō Amitābha

Namō Amitābhāya Tathāgatāya
Tadyathā Amṛtod Bhavē
Amṛta Siddham Bhavē
Amṛta Vikrānte Amṛta Vikrānta
Gāmine Gagana
Kīrta-Kare Svāhā

Amitābha Buddha is the Buddha of infinite light, wisdom and compassion. Amitābha resides in the hearts of all living beings and represents the pure light that enables us to see things as they really are. Therefore we chant the Amitābha Dhāraṇī. To recognize our true nature of light.



4. Hara Hara Gange (melody by Renée Sunbird)

Hara Hara Gaṅge Hara Hara Gaṅge
Hara Hara Hara Hara Gaṅge

He Naṭarāja He Śivarāja
Hara Hara Hara Hara Gaṅge

Parti Purīśvara Jaya Gaṅgādhara
Hara Hara Hara Hara Gaṅge

Śaṅkara Śiva Śaṅkara Śiva Śaṅkara Śiva
Śambho

There is a wonderful story of how Gaṅga came down to the earth. Her energy was so strong and wild, her power uncontrollable and she would have flooded and destroyed the earth. God Śiva was needed to tame and restrain her power. Gaṅgā poured from heaven to earth and landed in the dreadlocks of Śiva. Śiva opened his bun and spread his hair across the land like silken roots. Gaṅga grew deeper and wider until she was a huge river. Everywhere she went, the earth bloomed with new life and lush beauty.

This Mantra speaks about the dance, the interweaving, interdependence and confluence of Śiva and Gaṅga.

5. Śrī Yamunāṣṭakam – Devī Yamuna

(melody by Renée Sunbird)

Murāri-Kāya-Kālimā-Lalāma-Vāri-Dhāriṇī
Tṛṇī-Kṛta-Triviṣṭapā Tri-Loka-śoka-Hāriṇī
Mano'nukūla-Kūla-Kuñja-Puñja-Dhūta-Durmadā
Dhunotu Me Mano-Malaṃ Kalinda-Nandinī Sadā

Malāpahāri-Vāri-Pūra-Bhūri-Maṇḍitāmṛtā
Bhṛṣaṃ Prapātaka-Pravañcanāti-Paṇḍitāniśam
Su-Nanda-Nandanāṅga-Saṅga-Rāga-Rañjitā Hitā
Dhunotu Me Mano-Malaṃ Kalinda-Nandinī Sadā

Om Yamunāya namaḥ

Lasat-Taraṅga-Saṅga-Dhūta-Bhūta-Jāta-Pātakā
Navīna-Mādhuri-Dhuriṇa-Bhakti-Jāta-Cātakā
Taṭānta-Vāsa-Dāsa-Haṃsa-Saṃsṛtā Hi Kāma-Dā
Dhunotu Me Mano-Malaṃ Kalinda-Nandinī Sadā

Vihāra-Rāsa-Kheda-Bheda-Dhīra-Tīra-Mārutā
Gaṭā Girām-Agocare Yadiya-Nīra-Cārutā
Pravāha-Sāhacarya-Pūta-Medinī-Nadī- Nadā
Dhunotu Me Mano-Malaṃ Kalinda-Nandinī Sadā

Om Yamunāya namaḥ

Taraṅga-Saṅga-Saikatāñcītāntarā Sadā-Sitā
Śaran-Niśā-Karāṃśu-Mañju-Mañjarī-Sabhājitā
Bhavārcanāya Cāruṇāmbunā-Dhunā Viśārādā
Dhunotu Me Mano-Malaṃ Kalinda-Nandinī Sadā

Jalānta-Keli-Kāri-Cāru-Rādhikāṅga-Rāgiṇī
Sva-Bhartur-Anya-Durlabhāṅga-Saṅga-Tāmsā-Bhāgiṇī
Sva-Datta-Supta-Sapta-Sindhu-Bhedanāti-Kovidā
Dhunotu Me Mano-Malaṃ Kalinda-Nandinī Sadā

Om Yamunāya namaḥ

Jala-Cyutācyutāṅga-Rāga-Lampaṭāli-Śālinī
Vilola-Rādhikā-Kacānta-Campakāli-Mālinī
Sadāvagāhanāvātīrṇa-Bharṭṛ-Bhṛtya-Nāradā
Dhunotu Me Mano-Malaṃ Kalinda-Nandinī Sadā

Sadaiva Nanda-Nanda-Keli-Śāli-Kuñja-Mañjulā
Taṭottha-Phulla-Mallikā-Kadamba-Reṇu-Sūjvalā
Jalāvagāhinām Nṛṇām Bhavābdi-Sindhu-Pāradā
Dhunotu Me Mano-Malaṃ Kalinda-Nandinī Sadā

Om Yamunāya namaḥ

This Stotra is a praise for the river goddess Yamuna, listing all her beautiful qualities. Goddess Yamuna is removing the sins, impurities, the sorrows and our arrogance. She is granting all the wishes and carries us to the realm beyond all words.

Each verse carries the plea, that the goddess may always wash away the impurities of our mind.



6. Om Maṇipadme Hūm

(melody by Renée Sunbird)

Om Maṇipadme Hūm

namo'stvalokiteśvarāya
meheśvarāya prāṇaṃdadāya
pṛthivīvaralocanakarāya
śubhapadmaśriye parivṛtāya
nirvāṇabhūmisamprasthitāya
sucetanakarāya dharmadharāya

This is a Mantra for Avalokiteśvara, the bodhisattva of compassion. It originates in the Kāraṇḍavyūha Sūtra, a praise of Avalokiteśvara's qualities and his infinite virtues.

The Mantra "Om Maṇipadme Hūm" is a condensed form of all the buddhist teachings.

Om and hūm are divine sounds that can't be translated. Maṇipadma (jewel in the lotus) is a name for a Bodhisattva, one of the 108 forms of Avalokiteśvara. I added another verse from the Kāraṇḍavyūha Sūtra, a praising stotra by Uma Devi.

7. Sarva Mangalam

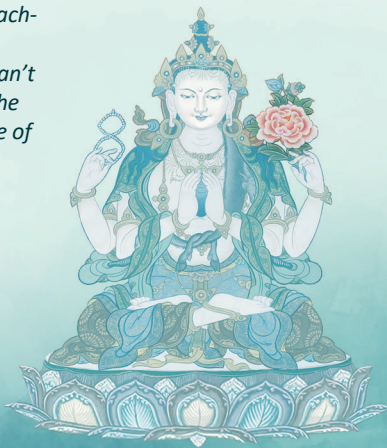
(melody by Renée Sunbird)

Jay mā jay jay mā jay mā jagadambe mā

Om sarva-maṅgala-māṅgalye
Śive sarvārtha-sādhike
Śaraṇye tryambake gauri
Nārāyaṇi namo'stu te
Nārāyaṇi namo'stu te

This is a verse from the Devī Māhātmyam, a praise for the divine female Goddess.

I bow to you, the three-eyed and pure mother Nārāyaṇi, who gives refuge, brings bliss and fulfills all wishes of the seeker (both material and spiritual).



8. Tvam Eva

(melody by Renée Sunbird)

tvam eva mātā ca pitā tvam eva
tvam eva bandhuś ca sakhā tvam eva
tvam eva vidyā draviṇaṃ tvam eva
tvam eva sarvaṃ mama deva-deva

You are my mother, you are my father,
my family, my friend
You are my wisdom, you are my wealth,
my one, my everything.

*This is a beautiful prayer that already
children learn and chant in India. When
we cultivate this awareness of the ONE
energy that runs through all our veins,
we can connect to everyone and every-
thing. We cultivate love and peace.*



Renée Sunbird – vocals and ukulele, sansula, autoharp

Thomas Barquee – keyboards, bass background vocals

Simone Sello – guitar

Luigi Recca - percussion

Sheela Bringi - flute

Shakti Nag - bansuri

Aloke Dasgupta - Sitar

Sandipan Ganguly – violin

Sandip Chatterjee - Santoor

Produced by **Thomas Barquee** @ Zen Den, Los Angeles

All Mantras composed and performed by Renée Sunbird

– **reneesunbird.com**

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